

Wellness Committee Minutes

Meeting date: Wednesday, 5/22/19

Meeting called to order 8:00am

Pledge of Allegiance

Minutes approved: 10/23/19

Attendance:

Present: Kristen Crandall, Matthew Flusser, Paul Galletta, Peggy Kelland, Madhavi Kopoula, Maureen White

Absent: Kurt Jesman, CJ Knight, Keith Odums, Mindy Potter, Linda Rappaport, Steve Shuchat, Erica Winter

Welcome

Meeting began at 800am

No quorum. Items that require action will be moved to the first 2019-2020 Wellness Committee meeting.

Welcome: Introductions were made around the table.

Minutes: The minutes of the 3/12/19 meeting were reviewed by the Committee members in attendance. Mrs. Kelland had a correction that was noted and will be updated accordingly.

The 3/12/19 minutes will be added to the first 2019-2020 meeting agenda.

Review of the survey results: The full survey results were shared in the Committee's Team Google Drive upon completion of the survey's open period. Ms. Crandall provided the Committee with comparative results from 2017-2018 and 2018-2019. These summary slides will be added to the Committee's Team Google Drive.

Student survey responses increased from 79 to 99 in 2018-2019. This year's survey was open to grades 9-12 in addition to grades 7-8. This is approximately 5,416 students. The results and written responses represent about 1.83% of the total students surveyed. There were no major differences from 2017-2018 to 2018-2019 results with the exception of wellness activities. There was a "marked" increase in the number of students responding to being involved in wellness activities in 2019-2020.

We did note that even though the sample is very small the number of students who responded to the question about lunch and not having a lunch period was consistent from year to year. Mrs. Kelland asked about those teachers having students without lunch periods providing time for the

students to either go to cafeteria to get food and eat in the classroom or eat a bagged lunch during class. Ms. Crandall shared that this is an allowed practice for these students.

The community survey included 421 responses this is a decrease from 2018-2019 by 64. There were no real changes in responses from one year to the next.

Ms. Crandall would like to send a thank you to the buildings for their work in increasing awareness of wellness activities as reflected in the survey by the increased involvement. The Committee agreed.

School Level Wellness Events: An updated cumulative list of building level wellness events was included for the Committee. This is also available on the website. Mrs. Kelland added a quote about Napoleon that led the point of the Wellness Committee awarding buildings who have the most wellness activities with a certificate of recognition. **Ms. Crandall said that this would be added to the first 2019-2020 agenda.**

Parent Correspondence:

Standing desks: The parent email was shared pertaining to the standing desk option. Alternative classrooms do have options for seating but not in the general education classrooms at this time. A formal review and proposal would be needed in order to support an expense of this magnitude. Possibly a pilot program for general education?

Sharing Survey Results: Mrs. Kelland indicated that only the survey results should be shared this year. Following in the steps of the Legislative Action Committee possibly a sampling of the written comments could be included next year based on a formal review and process of choice. Mr. Galletta asked about what the surveys were supposed to ascertain and was the WCSD Committee in compliance? Ms. Crandall shared that NYS has not provided much guidance in the area of these surveys - which is not helpful either in gathering necessary data that may or may not be required.

Mr. Flusser stated that the comments are not useful and that sharing them could be worse than not. The percentage of respondents is hardly a representable sample of the population of WCSD.

Ms. Crandall offered to prepare a sample explanation to be shared with the Committee then post on the Wellness website pertaining to the sample, the number of respondents, the validity of the data etc. The Committee agreed and Ms. Crandall will prepare something for their review in the near future. **This will also be an agenda item for a 2019-2020 meeting.**

Ms. Crandall extended her thanks to all of the Committee for their work this year. It was her pleasure to work with all of the members and reminded them to be on the lookout at the end of summer for the 2019-2020 committee sign up!

Meeting ended 8:26am without a quorum.